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Knowledge-driven interpretable neural networks for mechanistic insight

Yan Ke¹ and Tianwei Yu^{1,*}

¹School of Data Science, The Chinese University of Hong Kong, Shenzhen (CUHK-Shenzhen), 2001
Longxiang Boulevard, Longgang District, Shenzhen, 518172, Guangdong, P.R. China

* Corresponding author: Tianwei Yu, yutianwei@cuhk.edu.cn

Running title: PathNet for pathway analysis

Abstract

Analyzing omics data in the context of pathway knowledge is critical for understanding the molecular mechanisms underlying pathological changes. However, current pathway analysis methods do not model the detailed mechanistic nature of biological interactions, limiting the understanding of pathway behavior to a relatively shallow level. To address this issue, we present a knowledge-driven machine learning framework that embeds features into pathway graphs and models reactions analytically, producing interpretable feature hierarchies and subnetworks in which functional associations are estimated to model biological interactions. The approach is agnostic to feature selection, enabling the use of full omics datasets without discarding weak signals. Applications to breast cancer microRNA–gene regulation data and COVID-19 metabolomics data highlight immune and metabolic pathways relevant to disease progression. This framework bridges predictive modeling with mechanistic interpretation and offers a foundation for integrative pathway analysis.

Keywords: Pathway analysis, Mechanistic modeling, Explainable machine learning, Omics data integration, Metabolomics, Breast cancer, COVID-19

Introduction

Elucidating the mechanistic basis of biological pathways and their responses to pathological changes is a foundational challenge in systems biology and clinical research. Biological pathways and networks organize interactions among genes, proteins, and metabolites that collectively shape cellular phenotypes and disease processes (Barabási and Oltvai 2004). The proliferation of high-throughput multi-omics technologies has produced large volumes of data describing these molecular entities at single-feature resolution, facilitating the identification of biomarkers and network markers associated with disease states (The Cancer Genome Atlas Network 2012; Karczewski and Snyder 2018).

However, the mechanistic interpretation of these complex datasets remains a central challenge. Traditional approaches that focus on single-gene or single-feature analyses often miss the broader context of coordinated biological processes; such reductionist methods frequently yield lists of putative biomarkers that are difficult to validate mechanistically and clinically (Khatri et al. 2012). Pathway-level analysis has emerged as a powerful alternative, allowing researchers to contextualize molecular changes within functional networks, improve statistical power, reduce false positives, and produce biologically interpretable results. This shift has accelerated progress in clinical biomarker discovery, disease subtyping, and pathway-centric drug targeting.

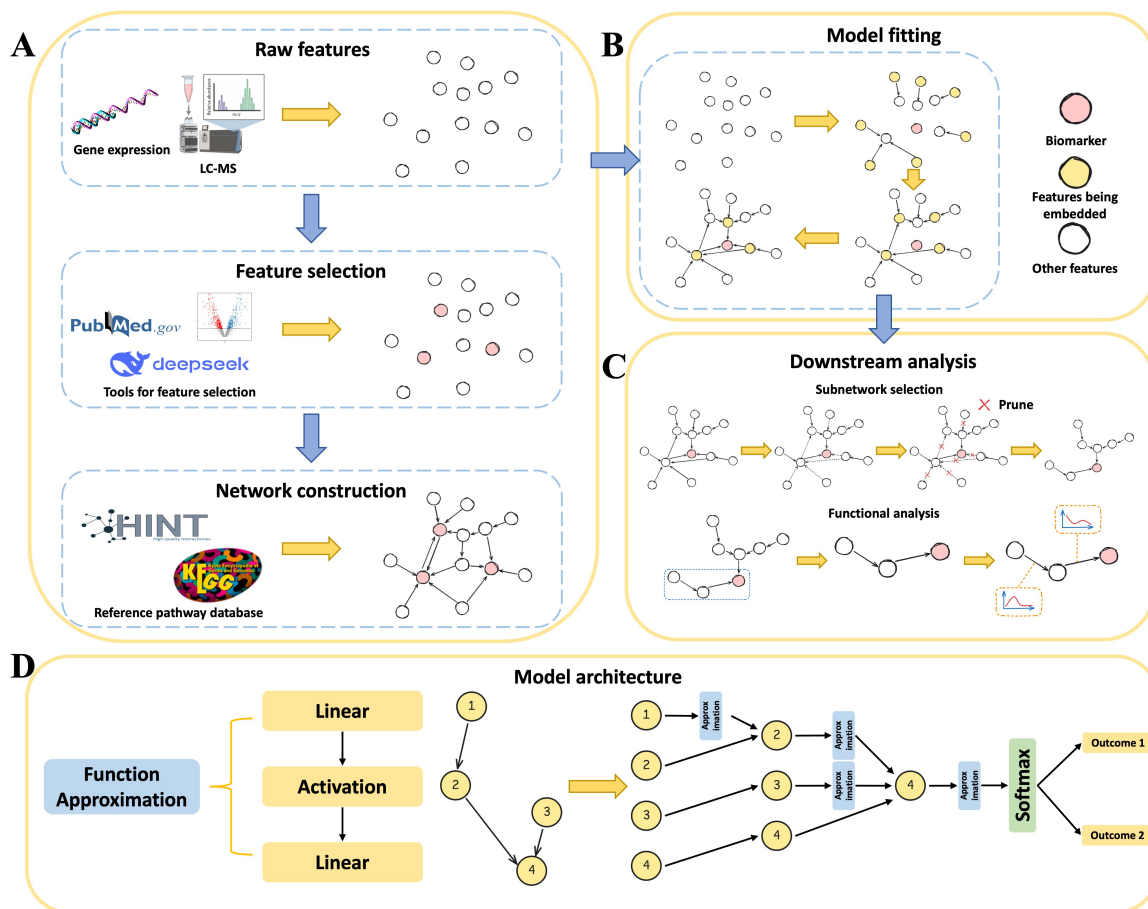
Nevertheless, a persistent obstacle remains: bridging the gap between associative patterns in the data and the underlying functional organization of biological systems. Traditional approaches to pathway analysis can be broadly classified as statistical enrichment methods or machine learning frameworks (Maghsoudi et al. 2022). Statistical enrichment tools typically identify pathways that are overrepresented among differentially expressed features, providing summary-level biological annotations that lack mechanistic detail (Kuleshov et al. 2016; Tamayo et al. 2016). By contrast, recent advances in machine learning enable high-dimensional modeling of omics data that incorporates pathway information, yielding powerful predictive models for clinical outcomes (Hartman et al. 2023; Elmarakeby et al. 2021). However, such models often have limited capacity to capture the functional dependencies inherent to

biological networks and tend to operate as "black boxes" whose internal representations are difficult to interpret biologically (Cheng et al. 2023).

An emerging paradigm in computational biology seeks to reconcile predictive performance with mechanistic explainability by integrating prior biological knowledge—such as pathway topology—directly into machine learning architectures (Hartman et al. 2023). However, most strategies have relied on static graph embeddings or post hoc enrichment analysis and rarely address the need to model the functional strength of molecular interactions. From a biological perspective, the effect that one gene exerts on another, or the regulatory impact of a metabolite along a pathway, is fundamentally a functional mapping that varies in strength, directionality, and context (Angermueller et al. 2016; Geyer et al. 2017).

In this work, we present a knowledge-driven, explainable machine learning framework that elevates pathway analysis from conventional association testing to rigorous functional approximation. Inspired by the universal approximation theorem (Hornik 1991), we construct a neural network whose connectivity mirrors curated biological pathway graphs. Each node corresponds to a molecular feature, and each edge reflects a documented biological interaction, ensuring that the model structure is biologically plausible and interpretable. Crucially, our framework learns explicit, parameterized functional approximators for each interaction, represented as trainable mappings that quantify how one molecule influences another along the pathway. This formulation naturally accommodates the propagation of signals—analogueous to biological processes such as gene regulation, signal transduction, and metabolic control—by leveraging residual connections that encode both direct and context-dependent effects. As a result, each model weight serves as a candidate functional coefficient, offering a bridge between statistical learning and mechanistic hypothesis generation.

Overall, this work positions functional approximation as a principled and generalizable methodology for mechanistic pathway analysis by unifying biological knowledge graphs, multi-omics integration, and explainable machine learning. Our framework supports deeper investigation of complex disease mechanisms and provides a foundation for biologically grounded precision medicine.



Results

Method overview

We propose a knowledge-driven machine learning framework for analyzing and interpreting omics data. Its main inputs are a feature-by-sample molecular data matrix, a supervised endpoint, a set of task-relevant centric features, and a prior biological graph whose nodes can be mapped to measured features. The first core component integrates selected centric features with their corresponding pathway or interaction neighborhoods (Fig. 1A). The workflow begins with raw-feature acquisition and task-driven feature selection, followed by construction of a pathway or interaction neighborhood around the selected centric features. Numerous studies have explored approaches for selecting features or biomarkers (Golub et al. 1999; Langfelder and Horvath 2008; Patti et al. 2012). Our framework is agnostic to the specific

feature-selection method, provided that the selected features can be mapped to the supplied prior graph. This graph is not restricted to a gene regulatory network; depending on the application, it may represent miRNA–gene regulation, metabolic reactions, signaling pathways, protein–protein interactions, or a user-defined biological graph.

The second core component is a graph-constrained neural model (Fig. 1B, D). Each neuron represents a mapped molecular feature, and connections are established only when the corresponding features participate in documented or user-specified biological relationships. At each layer, predetermined marginal features transmit signals toward selected centric features through the prior graph neighborhood. The cumulative effect of these marginal vertices propagates through the network to the centric features, thereby characterizing pathway-constrained associations relevant to the supervised endpoint. Finally, the adjusted centric-feature representations are passed to a prediction head. In the two case studies presented here, this head is a multilayer perceptron with softmax activation for clinical classification, but the overall framework is not conceptually limited to clinical outcomes and can be adapted to other supervised biological endpoints by choosing an appropriate prediction head and loss function.

A detailed functional-scope summary of the workflow, including the input, output, supported data types, and example applications of each step, is provided in Supplemental Table S1.

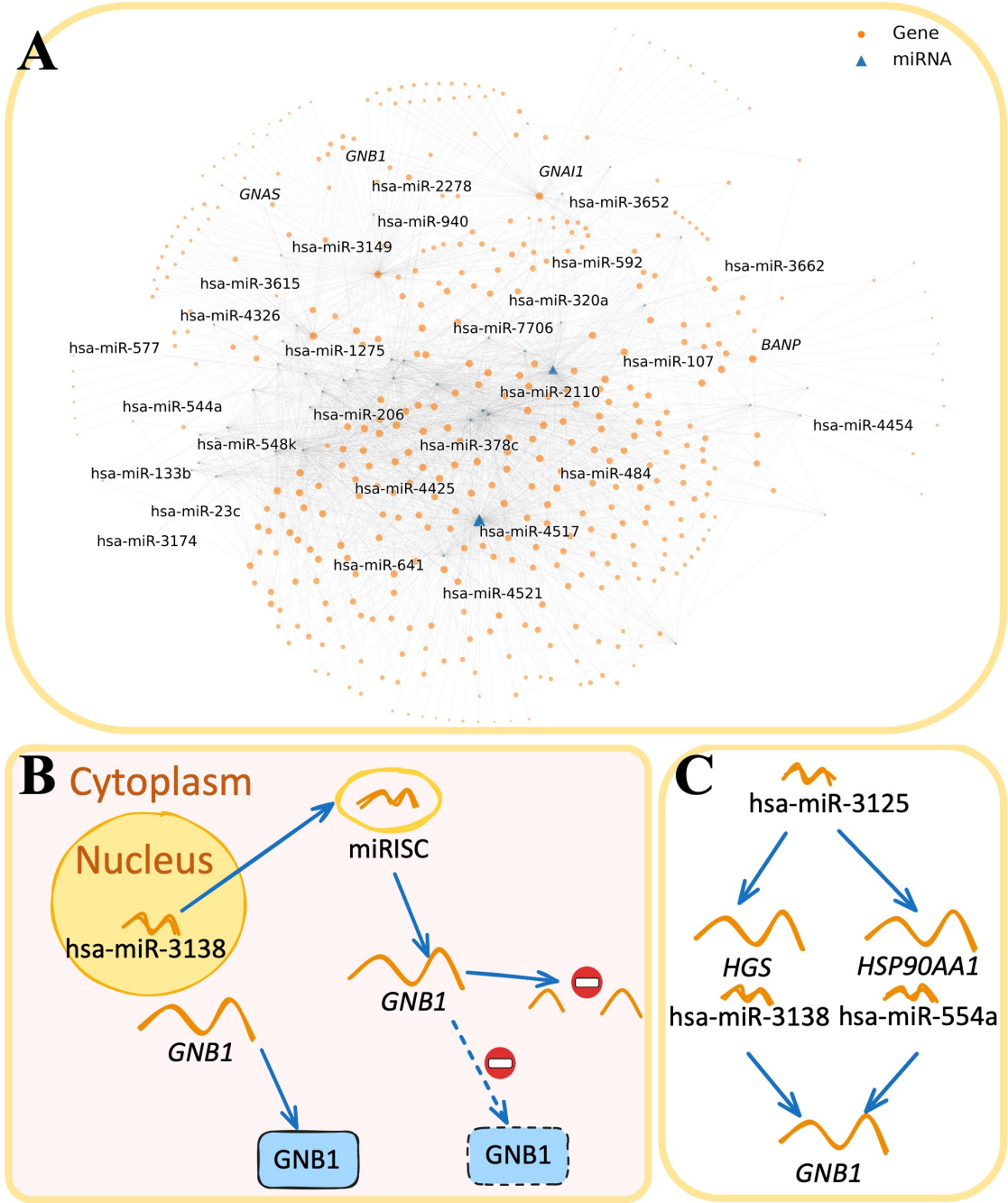
The model was implemented in PyTorch (Paszke et al. 2019) and trained with the Adam optimizer (Kingma and Ba 2014). All experiments were conducted on a workstation with dual Intel Xeon Platinum 8276L CPUs (112 threads) and dual NVIDIA RTX 3090 GPUs (24 GB each).

Application to breast cancer data

MicroRNAs (miRNAs) are small non-coding RNA molecules that regulate gene expression post-transcriptionally through the miRNA-induced silencing complex (miRISC), where the mature miRNA guides the complex to complementary target mRNAs, resulting in translational repression or mRNA degradation (Bartel 2004; Fabian and Sonenberg 2012) (Fig. 2B and C). For example, miR-373 has been

shown to activate gene expression by targeting promoter sequences in DNA (Place et al. 2008), underscoring the diverse regulatory roles of miRNAs beyond conventional mRNA targeting.

To investigate the influence of miRNAs on specific clinical outcomes mediated by gene regulation, we applied our method to the Cancer Genome Atlas breast cancer cohort TCGA-BRCA (The Cancer Genome Atlas Network 2012). For this analysis, we restricted our attention to matched miRNA expression (miRNA-seq) and gene expression (RNA-seq) profiles, thereby enabling a focused assessment of post-transcriptional regulatory interactions relevant to disease phenotype. We examined the association between miRNA and gene expression and a clinically relevant breast cancer phenotype—estrogen receptor (ER) status, which plays a pivotal role in tumor progression (Sorlie et al. 2003). Understanding how miRNAs and genes function within regulatory networks associated with ER status is therefore clinically important. A key advantage of our method is its ability to integrate diverse molecular interactions, provided that the relationship between any two molecular features is available. For gene–gene interactions, we used the HINT database (Das and Yu 2012); for miRNA–target gene interactions, we used multiMiR (Ru et al. 2014) to match miRNAs to their gene targets.

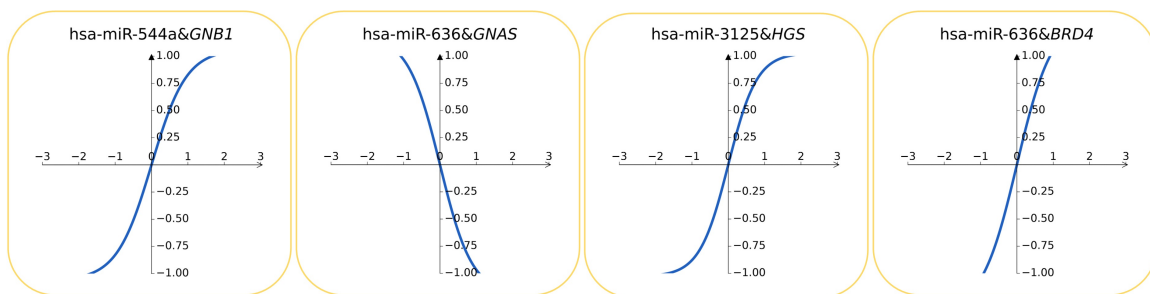


Identification of genes strongly regulated by miRNAs

After filtering out genes and miRNAs with low expression or without valid matching relationships, we retained 8,523 genes and 334 miRNAs for analysis. The model was trained with a batch size of 16 for 100 epochs. We set the maximum network depth—excluding the effects of miRNAs—to three and selected top-ranked features using a naive differential analysis, defined here as ranking features by their univariate

statistical significance between case and control groups without multivariate modeling or extensive correction. Such approaches are commonly used as baselines in gene expression studies, in which simple *t*-tests or fold-change criteria serve as initial filters for candidate features (Robinson et al. 2010; Love et al. 2014; Dalman et al. 2012). The final model achieved an average test accuracy of 0.952. A representative partial view of the selected gene regulatory network is shown in Fig. 2A. The complete plot of gene–miRNA pairs is available in Supplemental Fig. S2.

Applying a stringent pruning threshold to the model enabled the identification of genes most strongly regulated by miRNAs, with potential relevance to estrogen receptor (ER) positivity. Although our framework may not always capture precise functional relationships, it robustly prioritizes genes that are under substantial miRNA regulatory influence and may play a role in key biological processes. Notably, many of these genes have previously been implicated in ER signaling or tumor progression, lending credibility to the selected candidates (Fig. 3).



For example, studies have demonstrated that phytoestrogens such as genistein upregulate *GNB1* expression through ESR1- and ESR2-dependent transcriptional activation, directly linking ER signaling to downstream G-protein modulation (Naragoni et al. 2009). Likewise, BRD4 has been shown to potentiate ER activity by binding to acetylated histones, whereas disruption of SWI/SNF components leads to increased BRD4 recruitment and sustained ER-driven proliferation, even during anti-estrogen therapy (Nagarajan et al. 2020).

In addition to pairs with previously established roles in ER signaling, our analysis also prioritized several miRNA–gene associations for which no direct evidence is currently available in the literature. Among the top miRNA–gene pairs identified, both *HGS* (targeted by hsa-miR-3125) and *HSP90AA1* (also targeted by hsa-miR-3125) emerged as notable candidates, despite the absence of direct literature linking them to ER status in breast cancer. *HGS* (hepatocyte growth factor-regulated tyrosine kinase substrate) encodes a protein involved in endosomal trafficking and the regulation of receptor tyrosine kinase (RTK) signaling. While its role in modulating EGFR degradation and signal attenuation has been described in other malignancies, its potential involvement in hormone receptor pathways remains uncharacterized (Raiborg and Stenmark 2009). The identification of *HGS* in our analysis suggests that miRNA-mediated regulation of vesicular transport and RTK turnover could have as-yet unexplored implications for ER signaling or response to therapy.

Similarly, *HSP90AA1* encodes a cytosolic heat shock protein 90 isoform, which functions as a molecular chaperone stabilizing a variety of client proteins, including many oncoproteins and kinases. HSP90 inhibitors have been investigated as potential therapeutics in several cancers, including breast cancer, largely due to their broad impact on oncogenic signaling networks (Neckers and Workman 2012; Trepel et al. 2010). However, there is limited direct evidence associating *HSP90AA1* with ER status specifically. The emergence of *HSP90AA1* as a prioritized target in our miRNA–gene network points to the possible importance of post-transcriptional regulation of protein homeostasis in ER-positive tumors, warranting further functional investigation.

Functional interpretation

Beyond the immediate effects of miRNA regulation, several of the identified genes possess known roles in tumor biology and gene–gene regulatory networks. For instance, *FETUB* has been characterized as a tumor suppressor in prostate cancer, acting through inhibition of the PI3K/AKT pathway and modulation of apoptotic processes (Zhan et al. 2020). *FETUB* may also exert inhibitory effects in estrogen-driven contexts, and its interaction with meprin α (MEP1A) further implicates it in extracellular matrix

remodeling and inflammation (Denecke et al. 2003; Kim et al. 2014; Russo et al. 2016; Bayly-Jones et al. 2022).

FOXG1 is another notable candidate gene. Its encoded protein can function as a tumor suppressor by disrupting the NCOA3 (AIB1)–E2F1–SP1–EP300 transcriptional activation complex at the *NCOA3* promoter (Li et al. 2013; Oh et al. 2008). Although FOXG1 protein does not directly interact with the estrogen receptor, repression of *NCOA3*, which encodes the critical ER coactivator AIB1, compromises ER-mediated transcription and affects breast cancer progression and treatment resistance (Louie et al. 2004; Lahusen et al. 2009). The clinical association between low expression of this gene and poor prognosis underscores the relevance of this axis. Other selected genes and pathways are provided in Supplemental Fig. S3. Additional retained-network visualizations for the TCGA-BRCA and COVID-19 analyses are provided in Supplemental Fig. S4.

A module-level reading of the complete retained TCGA-BRCA topology further supports this interpretation. Several retained edges form an HSP90/CDC37-centered chaperone-signaling neighborhood connected to *ESR1*, *EGFR*, *AKT1*, *FKBP5*, *HSP90AA1*, and *HSP90AB1*. This is consistent with the established role of HSP90 as a cancer chaperone for steroid-receptor and kinase clients and with CDC37 as an HSP90 co-chaperone for kinase signaling (Trepel et al. 2010; Neckers and Workman 2012; Prince et al. 2023; Xu and Neckers 2012; Dhamad et al. 2016). The retained topology also highlights secondary modules with independent breast cancer support, including a *MAPT*-associated neighborhood related to ER-positive disease and taxane response (Rouzier et al. 2005; Andre et al. 2007) and a *CALM1/CALM3–KCNJ3* ion-channel and calcium-signaling neighborhood in which *KCNJ3* has been reported as a prognostic marker in ER-positive breast cancer (Kammerer et al. 2016). We therefore interpret the TCGA-BRCA result at the pathway-module level rather than as experimental validation of every retained edge or miRNA–gene pair.

While the precise mechanistic cascades connecting these genes to ER status cannot be definitively established in this analysis, the literature support for their involvement in ER-associated pathways

underscores the utility of knowledge-driven machine learning for hypothesis generation in molecular oncology. Further experimental validation and multi-omics integration are warranted to elucidate the underlying biological mechanisms.

Application to COVID-19 metabolomics data

The robustness and flexibility of our knowledge-driven framework were further evaluated using liquid chromatography–mass spectrometry (LC–MS) data from patients with COVID-19. LC–MS is widely used in untargeted metabolomics to profile metabolites comprehensively in biological samples (Dunn et al. 2011). However, the complexity of LC–MS data presents several analytical challenges, including signal drift, matrix effects, and difficulty identifying metabolites across wide chemical diversity and concentration ranges (Broadhurst et al. 2018). Moreover, preprocessing steps such as peak alignment, noise filtering, and normalization must be optimized rigorously to ensure accuracy and reproducibility (Want et al. 2010). Addressing these challenges is critical to advancing untargeted metabolomics and biomarker discovery in disease research.

We used our knowledge-driven modeling approach to analyze the ST001849 COVID-19 metabolomics dataset (Sindelar et al. 2021). The dataset comprises 609 longitudinal LC–MS profiles annotated according to subsequent admission to the intensive care unit (ICU). The raw LC–MS data were obtained from the Metabolomics Workbench and processed using apLCMS (Yu et al. 2009), followed by batch-effect correction with ComBat (Leek et al. 2012). A total of 913 metabolites were matched and integrated into the pathway network using KEGG metabolic pathways as a reference (Kanehisa and Goto 2000). This case study highlights the potential of our framework to interpret high-dimensional metabolomics data and identify clinically relevant molecular features in COVID-19.

LLM-enhanced feature selection

Recent advances in large language models (LLMs) have enabled the integration of domain knowledge into computational workflows across biomedical research (Brown et al. 2020; Guo et al. 2025). In this

study, we employed DeepSeek, a state-of-the-art LLM, to augment the feature selection process by prioritizing metabolites with potential clinical relevance to severe COVID-19 outcomes. The LLM-driven approach distills instructive information from existing biochemical databases and literature, facilitating the identification of functionally important metabolites from high-dimensional LC–MS data and streamlining the analytical pipeline.

After filtering, the selected metabolites associated with severe COVID-19 symptoms are listed in Table 1. LLM-assisted feature selection not only improves interpretability but also offers a pragmatic approach to extracting actionable biological knowledge from complex omics datasets. For instance, our analysis highlighted β -hydroxybutyric acid (BHB) as a top candidate. BHB, a ketone body produced under metabolic stress, has been shown to modulate immune responses by inhibiting the NLRP3 inflammasome—a central driver of cytokine storms in severe COVID-19 (Youm et al. 2015). Furthermore, BHB may exert antiviral effects by altering cellular metabolism and restricting viral replication (Codo et al. 2020).

Metabolic subnetwork associated with COVID-19 progression

neighborhood includes formate and amino-acid-related nodes such as alanine, aspartate, and serine, linking the selected COVID-19 metabolites to one-carbon and amino-acid metabolism. Formate donates one-carbon units for purine biosynthesis (Pietzke et al. 2020). Although direct links are lacking, mitochondrial dysfunction and energy imbalance have been reported consistently in severe COVID-19 (Saleh et al. 2020). Together, these metabolic perturbations highlight the therapeutic potential of targeting tryptophan and prostaglandin pathways to mitigate severe disease outcomes.

The arachidonic acid (AA) metabolism pathway, which encompasses both prostaglandins and leukotrienes, was also selected and plays a pivotal role in the inflammatory response associated with severe COVID-19 and SARS infections. Following viral invasion, phospholipase A2 enzymes release AA from membrane phospholipids; cyclooxygenase (COX) and lipoxygenase (LOX) enzymes then metabolize AA into prostaglandins (PGs) and leukotrienes (LTs), respectively. Prostaglandins, particularly PGE2, mediate fever, vasodilation, and pain, whereas leukotrienes (e.g., LTB4 and cysteinyl-LTs) promote neutrophil recruitment and bronchoconstriction, thereby exacerbating respiratory distress in severe cases (Chen et al. 2018; Ricciotti and FitzGerald 2011). Evidence indicates that SARS-CoV-2 infection upregulates COX-2 protein expression, resulting in excessive prostaglandin production that may contribute to cytokine storms and acute lung injury (Chen et al. 2020). Furthermore, leukotriene-driven inflammation has been implicated in pulmonary fibrosis, a long-term sequela of severe COVID-19 (Aigner et al. 2020). Accordingly, pharmacological inhibition of AA metabolites—for example, with COX-2 inhibitors or leukotriene receptor antagonists—has been proposed as a strategy to attenuate hyperinflammation in severe viral infections (Ahmadi et al. 2022; Aigner et al. 2020).

Fig. 4 is a representative partial view of the pruned COVID-19 retained-edge network, not a complete drawing of all retained model edges. Auditing the full retained-edge topology identified 107 metabolite nodes and 105 retained edges, with a large connected component linking seven selected centric metabolites: succinate, L-kynurenine, prostaglandin E2, prostaglandin D2, serotonin, beta-hydroxybutyric acid, and leukotriene B4. Lactate, hexadecanoic acid/palmitate, and sphingosine 1-phosphate were

selected centric metabolites in the model input, but they did not have retained edges in the final pruned retained-edge topology. Additional retained-network visualizations for the COVID-19 and TCGA-BRCA analyses are provided in Supplemental Fig. S4.

The retained edges are consistent with several KEGG metabolic neighborhoods that have strong COVID-19 support. First, the tryptophan branch connects L-kynurenine to anthranilate, 3-hydroxy-L-kynurenine, and formate, while a nearby serotonin branch links tryptophan, 5-hydroxy-L-tryptophan, serotonin, N-acetylserotonin, and melatonin-related metabolites. This supports a more specific interpretation than simply selecting tryptophan metabolism, because both the kynurenine immune-regulatory arm and the serotonin/melatonin arm are retained, consistent with COVID-19 studies reporting altered kynurenine, fatty-acid, serotonin, and melatonin-related metabolism in severe disease (Thomas et al. 2020; Roberts et al. 2022; Wu et al. 2020). Second, the eicosanoid neighborhood connects prostaglandin E2, prostaglandin D2, leukotriene B4, prostaglandin H2, prostaglandin F2 α , prostaglandin I2, 20-OH-leukotriene B4, and HETE/HPETE intermediates, aligning the retained topology with arachidonic-acid inflammatory lipid signaling reported in severe COVID-19 lung inflammation (Archambault et al. 2021; Chen et al. 2018; Ricciotti and FitzGerald 2011).

The complete retained topology also adds biological context that was not explicit in the original figure discussion. A dense arginine/nitrogen-metabolism neighborhood links L-arginine with L-citrulline, L-ornithine, urea, beta-alanine, guanidinoacetate, aspartate, and fumarate, matching COVID-19 metabolomics and vasculopathy literature on amino-acid remodeling, arginine depletion, nitric-oxide biology, and endothelial dysfunction (Shen et al. 2020; Durante 2022). In parallel, succinate is connected to fumarate, malate, acetoacetate, carnitine, and O-acetylcarnitine-related metabolites, while β -hydroxybutyrate is linked through acetoacetate. This supports a metabolic-stress interpretation involving TCA-related intermediates, ketone-body metabolism, and carnitine-linked lipid oxidation, consistent with reports of mitochondrial and ketogenesis disruption in severe COVID-19 (Saleh et al. 2020; Karagiannis et al. 2022). Finally, the high-connectivity formate/10-formyltetrahydrofolate neighborhood links one-

carbon transfer and purine-related intermediates; this is a supporting KEGG-consistency signal rather than the primary COVID-19 mechanism, but it is compatible with reports that SARS-CoV-2 can remodel folate and one-carbon metabolism for nucleotide biosynthesis (Pietzke et al. 2020; Zhang et al. 2021).

Lactic acid was also selected as a biomarker. Its accumulation can exacerbate immune dysregulation by suppressing antiviral T cell responses and promoting cytokine storms, a hallmark of severe COVID-19 (Gupta 2022). Additionally, lactate has been shown to stabilize hypoxia-inducible factor 1-alpha (HIF-1 α), which enhances viral replication by upregulating expression of the angiotensin-converting enzyme 2 (ACE2) receptor, the primary entry receptor for SARS-CoV-2 (Codo et al. 2020). These findings suggest that lactic acid not only serves as a biomarker of disease severity but also contributes actively to the progression of severe viral infections by modulating host metabolism and immune responses. However, no pathway-matched metabolites interacting with lactic acid were detected, suggesting that further analysis is needed to characterize its local metabolic context. More reactions between metabolites are presented in Supplemental Fig. S1. In Fig. 4, the topology graph displays a readable partial subnetwork, whereas the small functional-curve insets are shown only for selected representative retained edges to preserve readability. Therefore, the absence of a curve inset on an edge does not indicate that the edge was pruned or unused; pruned edges are removed from the displayed retained-edge subnetwork.

Collectively, these results illustrate the value of combining LLM-guided feature selection with knowledge-driven machine learning to prioritize biologically and clinically relevant metabolic subnetworks.

Simulation and ablation study

Simulation design

To evaluate how PathNet behaves when prior biological knowledge is imperfect, we replaced the original simulation description with a controlled prior-robustness simulation in which the true signal routes are known. Each synthetic graph was generated as 30 disconnected pathway-like modules. In the default full

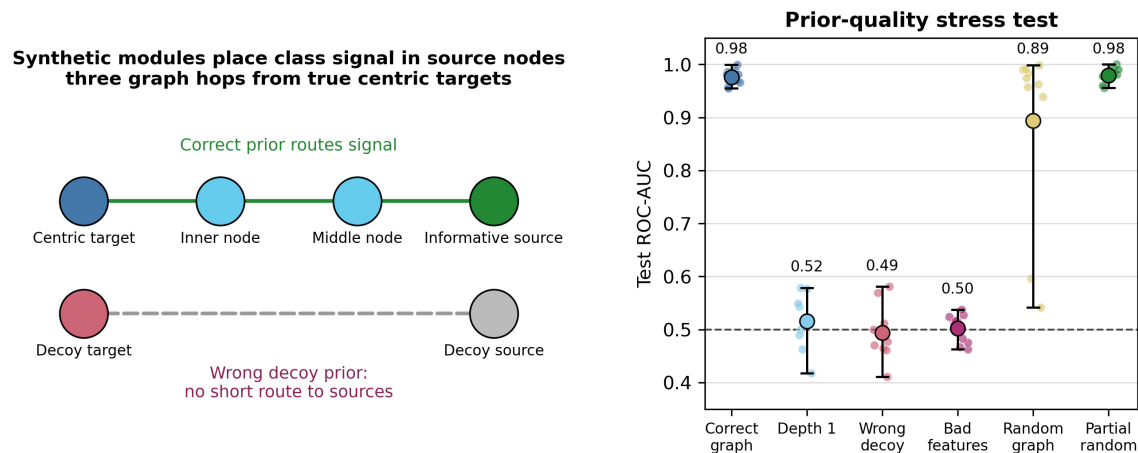
setting, six modules contained true centric targets and six separate modules provided decoy targets. Within each signal module, the target node was connected to inner nodes, inner nodes were connected to middle nodes, and middle nodes were connected to informative source nodes, producing source–middle–inner–target routes. The class signal was not assigned directly to the target nodes. Successful prediction therefore required the supplied graph prior and a sufficient propagation depth to route source-node information into the selected centric-feature neighborhood.

For each simulated dataset, all molecular measurements were first sampled as noisy continuous features. Informative source nodes then received signed class-dependent shifts with source-specific weights, while non-informative nodes remained background noise. Labels were generated from the average signed source signal across the true signal modules plus Gaussian label noise, and then thresholded at the median to create balanced binary classes. Decoy modules received only weak nuisance shifts, so bad centric features were not trivially constant but did not provide reliable access to the label-generating signal. This design separates a genuinely correct prior from a factually wrong prior: a correct graph can connect true source nodes to selected centric targets, whereas a wrong decoy graph or fully bad centric features have no short route to the designed signal.

Simulation details

The full simulation used two dataset sizes: 500 samples with 840 features and 900 samples with 1,080 features. These correspond to 30 modules with 28 or 36 nodes per module. For each size, we ran five random seeds, producing ten runs per prior-quality condition. Each run used stratified train/validation/test splits of 60%/20%/20%. PathNet was trained with Adam optimization, batch size 48, dropout 0.1, learning rate 10^{-3} , and 90 epochs. We evaluated the correct graph at the default depth, correct-graph depth variants with a shallower or deeper neighborhood, a density-matched wrong decoy graph constrained to have no short route from selected targets to true source nodes, an unrestricted density-matched random graph, randomized layer-matched sparse masks, partial inner-layer randomization, fully bad centric features, and mixed bad-feature settings in which 25%, 50%, or 75% of true centric targets

were replaced by decoy targets. The controlled simulation design and prior-robustness summary are shown in Fig. 5.



The results show three patterns. First, performance under the correct graph prior was high and stable, with ROC-AUC 0.976 ± 0.014 and balanced accuracy 0.970 ± 0.020 . The shallower depth-1 model was near chance (ROC-AUC 0.515 ± 0.051) because it could not route the designed source signal, whereas the deeper depth-3 model recovered the signal similarly to the default depth (ROC-AUC 0.978 ± 0.011). Second, fully misleading priors failed: a strictly wrong decoy graph was near chance (ROC-AUC 0.494 ± 0.051), and fully bad centric features were also near chance (ROC-AUC 0.502 ± 0.027). Third, partially incorrect priors behaved more subtly. Unrestricted random graph priors had lower stability (ROC-AUC 0.893 ± 0.172) because they could occasionally route a few true source nodes by chance, and partial inner-layer randomization preserved prediction when the useful node set remained accessible (ROC-AUC 0.979 ± 0.014). Thus, predictive performance and pathway-edge interpretability must be separated: PathNet can remain predictive under some partial misspecification, but wrong wiring weakens the biological interpretation of retained edges.

Mixed bad-feature settings further support this interpretation. Replacing 25%, 50%, and 75% of the true centric targets with decoy targets still produced ROC-AUC values of 0.978 ± 0.015 , 0.976 ± 0.013 , and

0.970 $\pm$ 0.021, respectively, because enough true target modules remained to route the source signal. In contrast, replacing all centric targets with decoys removed access to the informative sources and reduced performance to chance. These results demonstrate that PathNet depends on biologically meaningful graph priors and centric features for edge-level interpretation, and should not be treated as a causal-discovery method that can repair arbitrary false graph annotations.

The key interpretation is that prior quality affects prediction and biological interpretation through different mechanisms. If the selected centric features preserve access to informative source nodes, the classifier may remain accurate even when some inner wiring is randomized; however, the retained randomized edges no longer have a trustworthy biological meaning. Conversely, when the selected centric features or graph prior remove the route to the true source signal, both prediction and interpretation collapse. Additional details on graph generation, feature sampling, label construction, train/test splitting, stress-test conditions, and the corresponding real-data stress tests are provided in the Supplemental Material.

Discussion

A key advantage of our approach is the natural integration of omics data with their underlying pathway structures. This design ensures that the architecture and downstream analyses follow biologically meaningful logic. Consequently, all edges in the neural network are interpretable, offering insights into mechanistic behavior rather than serving solely as predictive associations. Additional real-data benchmarks against fully connected MLP and KAN baselines (Liu et al. 2024) indicate that this pathway-constrained design may not always maximize black-box predictive performance, but it provides direct pathway-edge-level interpretability that unconstrained models lack. To facilitate practical use, we have developed the package PathNet, which streamlines the application workflow and supports further exploration across diverse datasets.

Despite these strengths, several limitations remain. First, although our framework provides interpretable pathway-level insights, it cannot capture the full complexity of biological systems. Incomplete pathway

annotation and context-dependent interactions restrict mechanistic resolution. Moreover, when modeling complex biochemical reactions among molecular features, embedding information solely from a pathway perspective yields only a partial understanding of reality and constrains interpretation of known reactions. Future work should consider probabilistic pathway modeling, as has been applied in graph-based analyses of spatial transcriptomics (Hu et al. 2021). Such approaches would enable not only adjustment of pathway annotations but also the discovery of undocumented interactions.

Second, the current implementation simplifies the directional, heterogeneous, and cyclic structure of biological networks when constructing the neural architecture. The supplied pathway graph is used as an undirected topological prior for neighborhood extraction and layer construction, so cycles or feedback loops in the original biological graph are not represented as recurrent computational loops. Instead, nodes are assigned to a finite number of layers according to graph distance from the selected centric features, and information is propagated through this feed-forward layer structure. This design improves stability and interpretability in the present applications, but it cannot represent every direction-specific biochemical relation or feedback-rich process. Future extensions should incorporate explicit node and edge types, direction-aware propagation, and reaction hierarchy when these details are central to interpretation.

The graph-depth parameter should also be interpreted as a practical implementation choice rather than as a universal biological scale. In the current version, a single maximum hop depth is used to extract neighborhoods around all centric features, which makes the architecture easy to construct, compare, and tune. However, biological pathways are not organized with a uniform effective radius: some curated reactions represent immediate biochemical transformations, whereas others represent broader regulatory or pathway-context links. A more knowledge-faithful implementation would therefore choose propagation depth and local neighborhood boundaries in a feature- or pathway-specific manner, using the topology, interaction type, evidence quality, and biological question to decide which upstream or downstream nodes should be included. Such adaptive graph construction is better aligned with the goal of

knowledge-informed modeling, and we view it as an important extension beyond the current fixed-depth implementation.

Third, PathNet learns an outcome-relevant, pathway-constrained representation rather than a complete map of all biologically meaningful moderate-effect features. As a result, its interpretation is constrained by the supervised endpoint: features or pathway branches that are biologically relevant but weakly reflected in a simple or coarse outcome may be pruned or excluded from the selected neighborhood. This is an inherent limitation of outcome-guided feature anchoring and pruning. Richer supervision, such as longitudinal outcomes, multi-task labels, graded phenotypes, or more specific mechanistic readouts, may support larger graph neighborhoods and better retention of moderate-effect pathway signals, and we view this as an important direction for future evaluation.

In this study, we proposed an explainable machine learning framework for analyzing omics data within a knowledge-driven pathway context. The model accommodates both homogeneous and heterogeneous data types, demonstrating substantial flexibility. To our knowledge, this is the first approach to simultaneously leverage graph-structured pathway information and model reactions among features within a unified framework. By embedding marginal features and propagating informative signals through biological processes, the framework provides a biologically intuitive representation. Applications to both the miRNA–gene breast cancer dataset and the COVID-19 LC–MS dataset highlight the broad applicability of our method.

Methods

Knowledge-driven interpretable neural network

We introduce a novel neural network architecture based on a sparsely connected multilayer perceptron (MLP). By constraining the network connectivity according to curated biological pathways, the design mitigates overfitting while retaining strong predictive ability and interpretability (Frankle and Carbin 2019). The central idea is to emulate biological signal transmission: information from marginal molecular

features flows along pathway connections toward a subset of biologically important centric features, which are ultimately used for outcome prediction.

Formally, let $X \in \mathbb{R}^{n \times p}$ denote the feature matrix, where n is the number of samples and p is the number of molecular features, and let $y \in \mathbb{R}^n$ be the outcome labels. Prior biological knowledge is given in the form of a graph $G = (V, E)$, where each vertex $v_i \in V$ represents a distinct molecular feature (e.g., a gene or metabolite) and each undirected edge $e_{ij} \in E$ corresponds to a known biological interaction derived from pathway databases.

In the current implementation, directional information in curated pathway databases is not imposed as a hard architectural constraint. We use the pathway graph primarily as a topological prior: edges define documented relationships and are treated as undirected when computing graph neighborhoods and constructing sparse connectivity. The resulting layer-wise flow from marginal features toward centric features is a modeling direction for signal aggregation, not a claim that each biological interaction has that causal orientation. Accordingly, learned edge functions should be interpreted as predictive functional associations under the chosen propagation direction. If prior biology indicates that the true regulatory direction is opposite, the fitted function should be read as an opposite-orientation association, and its sign or slope should be interpreted cautiously. When directional interpretation is central, users should choose centric features and pathway neighborhoods so that the model orientation is aligned with the hypothesized biological process. For subnetwork selection, however, our pruning relies on the magnitude of the learned interaction strength; weakly contributing features are expected to remain weak regardless of the chosen orientation, making pathway selection less sensitive to direction than causal interpretation.

Within V , we first select γ_2 *centric features*, denoted $V_0 = \{v_1^0, v_2^0, \dots, v_{\gamma_2}^0\}$, chosen for their potential biological relevance to the prediction task. This selection is intended to be question-driven rather than tied to a single universal feature-selection algorithm. A good centric feature is one that can serve as a biologically meaningful anchor for downstream pathway exploration. In practice, users should prioritize features supported by external biological or clinical evidence, such as wet-lab findings, prior mechanistic

knowledge, curated databases, or literature, and may combine this evidence with data-driven signals such as differential abundance/expression, association with the outcome, or model-agnostic feature importance. Candidate centric features should also be reliably measured, mappable to the reference pathway graph, connected to a plausible neighborhood of marginal features, and interpretable with respect to the scientific question. AI tools, when used, are therefore knowledge-gathering aids for annotation and literature prioritization rather than automatic decision makers; the final selection remains investigator-defined and evidence-based. When the biological anchors are uncertain, users should evaluate alternative centric-feature choices as a robustness check, because poor anchors can reduce predictive stability and weaken downstream pathway interpretation. The remaining features $V \setminus V_0$ are considered *marginal features* that may influence the centric features through pathway connections. To organize the network layers, we introduce the hyperparameter γ_1 , representing the maximum number of hops along G over which a marginal feature can transmit information to a centric feature. The maximum graph depth γ_1 controls the breadth of the pathway neighborhood included around the selected centric features. In practice, we recommend selecting γ_1 by jointly considering validation performance, biological interpretability of the included neighborhood, and computational budget. Small depths preserve local interpretability and reduce model size, whereas larger depths may capture more indirect pathway context but can introduce weakly relevant nodes and substantially increase the number of trainable edge functions. Conversely, if a biologically relevant signal is expected to enter through multi-hop pathway routes, an overly shallow depth can miss the informative neighborhood. Therefore, larger depth is not automatically preferable; users should compare a small set of candidate depths and select the smallest depth that provides stable validation performance and a biologically coherent neighborhood.

For each non-centric feature $v_i \in V \setminus V_0$, we compute its shortest-path distance to the nearest centric feature in V_0 , denoted

$$\min_{v_l^0 \in V_0} d_G(v_i, v_l^0), \quad (1)$$

where $d_G(\cdot, \cdot)$ is the standard graph distance in G . If this minimum distance equals $j \leq \gamma_1$, the feature v_i is assigned to the set V_j . Thus, V_1 contains features one hop away from V_0 , V_2 contains those two hops away, and so on up to V_{γ_1} . This assignment procedure is summarized in Supplemental Algorithm S1 and illustrated in Fig. 1B.

The network then consists of γ_1 layers. In layer j , features in V_j transmit updated signals to their immediate upstream neighbors in V_{j-1} , progressively aggregating peripheral information toward the centric features in V_0 . After this stepwise aggregation, the updated centric feature representations are passed to a fully connected multilayer perceptron with softmax activation to produce the final prediction.

Biology-inspired residual connections with learnable functional approximation

Residual, or shortcut, connections have been shown to preserve information flow and improve optimization stability by mitigating gradient vanishing in deep neural networks (He et al. 2016). To emulate analogous information gain and signal propagation mechanisms in biological systems, we model the influence of one molecular feature v_i on another v_j as

$$v_j^* = v_j + f(v_i), \quad (2)$$

where f represents the functional impact of v_i on v_j . In this formulation, the updated feature v_j^* is a combination of its original value and the contribution from interacting features.

Inspired by the universal approximation theorem (Hornik 1991), we parameterize f as

$$f \approx w_2 \cdot \sigma(w_1 \cdot v_i + b_1) + b_2 \quad (3)$$

where w_1 , w_2 , b_1 , and b_2 are trainable parameters and σ is an element-wise activation function. This two-layer functional form is sufficiently expressive to capture nonlinear biological influences while remaining simple enough to reduce overfitting. Features without documented interactions maintain their values without modification.

514 To express this transmission process compactly, let V_i and V_j be the sets of features in two consecutive
 515 layers, l_i and l_j , respectively, as defined by the layer-partitioning procedure in Supplemental Algorithm
 516 S1. Define the adjacency matrix between these layers as $M \in \{0,1\}^{|V_i| \times |V_j|}$ by

$$517 \quad m_{ij} = \begin{cases} 1, & \text{if a biological reaction exists between } v_i \text{ and } v_j, \text{ and } v_i \notin V_j, \\ 0, & \text{otherwise,} \end{cases} \quad (4)$$

518 and the residual connection matrix $C \in \{0,1\}^{|V_i| \times |V_j|}$ whose k th column $\mathbf{c}_k$ is

$$519 \quad \mathbf{c}_k = \begin{cases} \mathbf{e}_k, & \text{if feature } k \text{ is in } V_j, \\ \mathbf{0}, & \text{otherwise.} \end{cases} \quad (5)$$

520 where $\mathbf{e}_k$ is a unit vector with value 1 at position k and zero elsewhere, and $\mathbf{0}$ is a vector of zeros.

521 Introducing C enables the residual connection. For input $X_{in} \in \mathbb{R}^{n \times |V_i|}$, the transformation from V_i to V_j is
 522 defined using an element-wise extended multiplication that preserves reaction-level information. We
 523 construct a 3D tensor $\mathcal{X} \in \mathbb{R}^{n \times |V_i| \times |V_j|}$ where:

$$524 \quad \mathcal{X}_{ijk} = (X_{in})_{ij} \cdot M_{jk} \quad (6)$$

525 This operation ensures that each feature in V_i interacts independently with each reaction pathway to V_j .

526 The full transformation is then:

$$527 \quad \begin{aligned} \tilde{A}_{i1} &= M \otimes A_{i1}, & \tilde{b}_{i1} &= M \otimes b_{i1}, \\ \tilde{A}_{i2} &= M \otimes A_{i2}, & \tilde{b}_{i2} &= M \otimes b_{i2}, \\ \mathcal{X}_1 &= \mathcal{X} \otimes \tilde{A}_{i1} + \tilde{b}_{i1}, \\ \mathcal{X}_2 &= \sigma(\mathcal{X}_1), \\ \mathcal{X}_3 &= \mathcal{X}_2 \otimes \tilde{A}_{i2} + \tilde{b}_{i2}, \\ X_{out} &= \sum_{j=1}^{|V_i|} (\mathcal{X}_3)_{:j} + X_{in} C \end{aligned} \quad (7)$$

528 where $\otimes$ denotes element-wise multiplication (broadcasted appropriately), $A_{i1}, A_{i2} \in \mathbb{R}^{|V_i| \times |V_j|}$ are
 529 trainable weight matrices and $b_{i1}, b_{i2} \in \mathbb{R}^{|V_i| \times |V_j|}$ are bias terms (broadcasted to match $\mathcal{X}$ dimensions).
 530 The effective parameters are masked by the connection matrix M before they are applied; therefore, for
 531 entries with $M_{jk} = 0$, the corresponding weights and bias terms are forced to zero and make no

contribution to the transmission. The summation $\sum_{j=1}^{|V_i|} (\mathcal{X}_3)_{:j}$ collapses the tensor along the V_i dimension. The resulting adjusted centric feature values, denoted as $X_{adjusted} \in \mathbb{R}^{|V_{V_2}|}$, are then passed to a fully connected layer with softmax activation for outcome prediction.

The current framework relies on several assumptions. First, the pathway graph is treated as a topological prior that constrains candidate molecular interactions, rather than as a complete causal representation of the biological system. Second, the centric features are assumed to be biologically meaningful anchors for the scientific question and should be selected using external biological evidence, measurement reliability, and data-driven support. Third, the edge-specific functional approximators are used to model predictive functional associations between connected molecular features; retained functions should therefore be interpreted as pathway-constrained associations rather than direct proof of causal biochemical regulation. Consequently, if the supplied graph or centric features are factually incorrect, the selected hierarchy or subnetwork can be biologically misleading even when prediction is possible. We recommend stress-testing alternative centric features, graph neighborhoods, and graph-depth choices when prior knowledge is uncertain, and interpreting predictive robustness separately from edge-level biological validity.

Training proceeds by mapping measured features to the prior graph, selecting centric features, extracting a depth-limited neighborhood, assigning nodes to layers according to shortest-path distance from the centric features, and constructing sparse layer-wise connections from marginal features toward centric features. The edge-specific functional approximators and the final prediction layer are optimized jointly by backpropagation. In the real-data analyses and benchmark reruns, PathNet was trained with Adam, batch size 16, learning rate 10^{-3} , dropout 0.1, and fixed epoch counts following the example notebooks. The most important user-facing tuning parameters are the centric features, the maximum graph depth, the pruning threshold for subnetwork selection, and standard neural-network training hyperparameters.

Subnetwork selection and functional analysis

Extensive studies have explored knowledge distillation and subnetwork selection in deep neural networks (Hu et al. 2016; Guo et al. 2016; Molchanov et al. 2017). A simple yet effective strategy is to prune all weights whose absolute values fall below a threshold (Han et al. 2015), which can preserve predictive performance while enhancing interpretability. In our framework, we apply a similar pruning principle to identify informative subnetworks within the overall pathway.

Specifically, in the functional approximation defined in Equation 3, the parameters w_I and w_2 jointly describe the interaction strength between features v_i and v_j . For subnetwork selection, we retain an edge only when both $|w_I|$ and $|w_2|$ exceed the pruning threshold; edges failing this joint criterion are removed. In such cases, the learned signal transmission through that edge is weak, and the source feature v_i can be regarded as uninformative for the retained subnetwork (Fig. 1C).

Previous work on graph-structured machine learning has used connection weights to quantify the importance of features (Tian and Yu 2023; Kong and Yu 2018; Olden and Jackson 2002). In many domains, such as computer vision, interpreting the meaning of a connection between two neurons can be difficult (Bau et al. 2017; Yosinski et al. 2015). In contrast, a key advantage of our approach is that each edge corresponds to a documented molecular reaction from a knowledge graph or curated database. The functional estimator in Equation 3 therefore provides both an approximation of the underlying biological interaction and a natural mechanism for regularization to avoid overfitting.

After pruning edges with low absolute weights, the remaining connections can be visualized as learned functional associations between molecular features. The functional curves are shown on the original feature scales rather than after global feature normalization. Therefore, curve steepness should be interpreted as the learned per-unit association under the displayed source and target feature units, not as an unexplained residual or a normalized effect size. The qualitative trend of each function is the primary interpretation; when trends are comparable, slope magnitude provides only a preliminary indication of relative association strength and should be read together with the feature scales and the chosen

approximation form. For completeness of pathway interpretation, features not analyzed directly can be reintroduced into the selected subnetwork as context nodes, ensuring biological coherence.

The public input datasets used in the two applications were obtained from established public repositories. The TCGA-BRCA miRNA-seq and RNA-seq profiles were obtained from the NIH/NCI Genomic Data Commons data portal (<https://portal.gdc.cancer.gov>), and the COVID-19 LC–MS metabolomics data were obtained from Metabolomics Workbench study ST001849 (<https://www.metabolomicsworkbench.org/data/DRCCMetadata.php?Mode=Study&StudyID=ST001849>). The pathway and interaction annotations were derived from public or previously published resources described above, including KEGG, HINT, and multiMiR. This study analyzed only publicly available, de-identified data from TCGA/GDC and Metabolomics Workbench and did not involve the collection of new human samples or direct interaction with human participants. Therefore, no additional ethics approval or participant consent was required for this secondary computational analysis. Ethics approval and consent for the original data collection were governed by the source studies and repositories.

Code availability

The PathNet package, example workflows, built-in KEGG graph resource, and reproducible example notebooks are available at <https://github.com/YanLarryKE/PathNet> and are also provided as Supplemental Code (Supplemental_Code.zip). The package accepts feature-by-sample molecular matrices whose features can be mapped to nodes in a prior graph and is applicable to bulk transcriptomic, miRNA–gene regulatory, metabolomic, proteomic, or other omics data with suitable annotations. In addition to the built-in KEGG-based metabolite graph used in this study, users may provide custom pathway annotations as GraphML-compatible files, including .graphml and the package’s .graphhml extension, existing igraph objects, or simple edge-list files in which each row specifies the source and target node of one interaction. No new raw experimental omics data were generated in this study. Generated benchmark, stress-test, depth-sensitivity, and simulation summaries from the revision are provided in the Supplemental Material

and linked with the public repository for reproducibility. The corresponding supplemental numerical summaries are provided in Supplemental Tables S2–S7.

Competing interest statement

The authors declare no competing interests.

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825 **Tables**826 **Table 1. LLM-selected metabolites with their KEGG IDs**

KEGG ID	Name
C00328	L-Kynurenine
C00186	(S)-Lactate
C00584	Prostaglandin E2
C02165	Leukotriene B4
C00696	Prostaglandin D2
C01089	beta-hydroxybutyric acid
C00042	Succinate
C06124	Sphingosine 1-phosphate
C00249	Hexadecanoic acid
C00780	Serotonin

827 **Figure Legends**

828 **Figure 1.** Overview of the PathNet workflow and model architecture. **A** Raw molecular features are
829 acquired from omics platforms such as gene-expression profiling and LC–MS, candidate centric features
830 are selected using biological knowledge and data-driven evidence, and pathway or interaction databases
831 are used to construct the local prior graph around those centric features. **B** During model fitting, pathway-
832 connected neighboring features are embedded toward selected biomarker/centric features through sparse
833 graph-constrained connections, while unrelated features are excluded from the corresponding local
834 propagation route. **C** After training, retained edge functions are used for downstream analysis, including

subnetwork selection by pruning weak connections and functional analysis of learned edge-specific response curves. **D** The model architecture uses edge-specific functional approximation blocks and a sparse feed-forward propagation structure before the final softmax prediction layer.

Figure 2. Overview of the breast cancer application. **A** Representative selected gene regulatory network used in the experiment. Larger nodes indicate higher-degree features in the graph. Nodes with degree ≥ 30 are labeled. **B** Schematic of miRNA-mediated gene-expression regulation through miRISC. By associating with miRISC, hsa-miR-3138 targets *GNB1* mRNA and reduces translation of the GNB1 protein. **C** One miRNA can target multiple genes, and one gene can be regulated by multiple miRNAs.

Figure 3. Selected miRNA–gene regulatory reaction sketches. The title of each plot identifies the miRNA and its target gene. The functional curves retain the original feature scales; steeper curves indicate larger learned per-unit associations on those scales, not larger unexplained residuals.

Figure 4. Representative retained COVID-19 metabolomics subnetwork centered on the tryptophan/kynurenine and one-carbon/amino-acid neighborhood. Each node represents a metabolite and each edge denotes a retained KEGG-constrained model connection after pruning. Node labels are shown as metabolite names rather than KEGG identifiers. To preserve readability, only a subset of representative edge-specific functional curves is displayed with consistent panel dimensions. The functional curves retain the original feature scales; steeper curves indicate larger learned per-unit associations on those scales, not larger unexplained residuals. An edge without a curve inset is still retained, whereas pruned edges are not drawn in the subnetwork.

Figure 5. Controlled prior-robustness simulation design and summary. Informative source nodes were placed three graph hops from true centric targets in pathway-like modules, while decoy targets were placed in separate modules. Performance under the correct graph prior is high and stable, whereas a wrong decoy graph and fully bad centric features are near chance. The random graph condition has larger variability because it can occasionally route true source nodes by chance.